

Mental Health Resources

Annapolis

Psychiatrists:

- Anne Arundel Medical Group 410-573-9000
- Nancy Wheeler 410-266-9181 (M,W,F)
- The Maryland Centers For Psychiatry 410-266-9230
- Spectrum Behavioral Health 410-757-2077
- Bayside Behavioral Health 410-266-1600
- James Kehler 410-268-3031

Counselors/Psychologists:

- Cheryl Rubenstein 301-461-1717
- Eileen Martini 410-703-7450
- Kathy Miller 410-268-8590
- Bayshore Counseling 410-266-9747
- Dara Alewine, LCSW 443-994-7456
- Annapolis Christian Counseling 410-266-8345
- Dawn Staniszewski 410-573-5353
- Progression Counseling 410-339-1979
- Oasis (can help find counselors) 410-571-0888
- Martha Lurz, LCSW 410-268-3140
- The CARE Practice 410-266-0016
- Donald Hudson 410-381-2244
- Chesapeake Therapeutic Wellness Center 443-440-6002
-Heather Major
- AAMC Support group 443-481-4000

Crisis help:

- Oasis Crisis center 410-571-0888: Annapolis (24-48 hours, Spanish speaking also)
- AAMC ER 410-443-1229: Annapolis

Pasadena/Glen Burnie/Millersville

Psychiatrist:

- Family Intervention Partners 410-766-7300: Glen Burnie

Counselors/Psychologists:

- Pasadena Center for Counseling 410-360-4774
- Progression Counseling: Elizabeth Cush 410-340-8469: Millersville
- Heather Silver 410-294-0152: Pasadena
- Francesca Brooks 410-360-7093: Pasadena
- GBCC 410-760-9079: Glen Burnie
- Anne Arundel counseling 410-768-5988
- Courtney Bianchi 443-354-8630: Linthicum

Crisis Help:

- Anne Arundel County Mobile Crisis 410-768-5522: Glen Burnie
- BWMC ER 410-787-4306: Glen Burnie

Edgewater/Arnold/Severna Park

Psychiatrist:

- Bay Area Behavioral Health 410-315-9350: Severna Park

Psychologist:

- Arundel Lodge 443-433-5900: Edgewater
- Cornerstone Counseling Center 410-266-1153: Edgewater
- YWCA 410-626-7065: Arnold
- Brady Mental Health & Wellness 410-303-3438: Severna Park
- Family/Children's services 410-571-8341: Severna Park

Bowie/Crofton/Columbia

Psychiatrist:

- Francis Rodriguez 301-262-1180: Bowie

Counselors/Psychologists:

- Betsy Scheelar 410-9411-8778: Crofton
- Therapeutic Health Associates 410-451-3000: Crofton
- Sheri Bellow 410-721-1552: Crofton
- Christian Counseling Assoc. 410-995-5587: Columbia
- Family/Children's services 410-997-3557
- Anne Arundel Counseling 410-768-5988

Eastern Shore

Psychiatrist:

- For All Seasons 410-822-1018: multiple locations

Counselors/Psychologists:

- Anne Arundel Counseling 410-768-5988: Stevensville
- Eastern Shore Psychological 410-822-5007: Easton
- Brenda C. Scribner 410-310-2673: Easton
- Bridges Behavioral Health & Wellness 410-758-8750: Centreville
- Corsica Family Therapy 410-490-7357: Centreville

Crisis help:

- For all Seasons Inc. 410-820-5600
- Eastern Shore Mobile Crisis 888-407-8018

Baltimore

- Johns Hopkins Psych 410-955-5212

More Resources

AACo. Partnership of Children, Family, & Youth
410-222-7423

www.postpartum.net

www.healthynewmoms.org

www.1800ppdmoms.org