



2000 Medical Parkway, Ste. 304
Annapolis, MD 21401

Postpartum Depression Screening

Annapolis OB-GYN provides screening and services for issues related to perinatal depression. We will begin by screening all of our postpartum patients with a recognized screening tool called the Edinburgh Postnatal Depression Scale (EPDS). This is a short questionnaire that will be given to you by a nurse at your postpartum visit or anytime during the postpartum period that we see you. We will share your score with you on the questionnaire if it indicates you may be at risk for postpartum depression. We will arrange for more information or other services if you wish. Visit these links below for more information on perinatal depression:

This is an excellent website describing various postpartum mood disorders, with links and ideas for self-help.

<http://www.pbs.org/thisemotionallife/topic/postpartum>

This website is hosted by the Department of Health and Human Services and answers many questions regarding depression during and after pregnancy

<http://www.womenshealth.gov/faq/depression-pregnancy.cfm>

The Mayo Clinic's website on Postpartum Depression is very complete in terms of risk factors and treatment options.

<http://www.mayoclinic.com/health/postpartum-depression/DS00546>

updated 6/10/16