



SUGGESTED SUPPLY LIST FOR YOUR UPCOMING DELIVERY

For Hospital:

- Rear facing infant car seat - store this in your car to bring to the hospital. Baby will need to be discharged with this.
- Newborn diapers, wipes, and ointment should be provided at hospital.
- Newborn clothing, to include a hat, to bring baby home.
- Swaddle blankets, as well as blanket for car seat/stroller
- Nightgown, bathrobe, nursing bra and pads, slippers and warm socks, for mom
- Your toiletries, hair brush, your own pillow and extra clothes for going home
- Camera, cell phone, and maybe a baby book or birth announcements

Home:

- Emergency phone numbers
- Crib and/or bassinet, mattress, plastic mattress cover, and waterproof pads
- Crib sheets, but avoid bumper pads and stuffed animals in crib.
- Changing table or pad, diapers, ointment and wipes - diaper caddy can be helpful.
- It is nice to have a rocking chair, but it is not essential.
- A bouncy seat or swing is also helpful.
- Stroller, infant carrier, and /or Snugli

Baby Clothes & Necessities:

- One piece outfits, onesies, socks/booties and mittens to prevent scratches to face
- Swaddle blankets, as well as a stroller/car seat blanket
- Sleepers and warm hat for weather
- Burp cloths
- Bottles (start with 4oz size) and formula (if not breastfeeding), bottle brush and extra nipples.
- If breastfeeding; support pillow, lanolin cream for nipples, pads, breast pump and storage bags for your milk
- Baby bath tubs are helpful, wash cloths and baby towels
- Infant thermometer, pacifier, baby bath shampoo, soft bristle brush for scalp, safety nail clippers, small bulb syringe (nasal aspirator) and cotton balls

Extras:

- Baby monitor, mobile for crib, cool mist vaporizer, baby laundry detergent, gas drops, baby book, announcements, thank you notes, and music in baby room.