

Breastfeeding Resources

Resources through AAMC:

Get your breastfeeding questions answered when you need help. When you're home, AAMC lactation consultants are available seven days a week via our WARMLine (443-481-6977). Consultants answer calls and emails between 9 am and 3 pm and respond within 24 hours. Our consultants can also help you find support resources in the community for ongoing in-person help and support.

[Breastfeeding Support | Luminis Health](#)

Breastfeeding Classes, Support Groups and Pump Rentals

Besides providing one-on-one support, Luminis Health offers [breastfeeding classes](#) to teach parents getting ready to breastfeed and those who have just started about all things breastfeeding. This includes getting the right latch to how to pump and store breast milk when you're back at work, and so much more.

You may also benefit from connecting with breastfeeding parents who understand what you're going through. We offer virtual breastfeeding [support groups](#) at Luminis Health. In addition, you can find out about other lactation groups and resources in your area by calling our breastfeeding support line. Because, sometimes, it really does take a village.

Speaking of breast pumps, did you know that your insurance company might pay for one? We also have hospital-grade electric breast pumps available for rent.

Resources connected with Pediatricians in the area:

Annapolis Pediatrics

<https://annapolispediatrics.com/appointments-services/lactation-services>

Bayside Pediatrics

Ashley Read DNP, CRNP, IBCLC

Laura Keppley MSN, CRNP, IBCLC

Beth Connelly CRNP, IBCLC

Pediatric Group:

Andrea Kassel, PNP-BC, IBCLC

Lauren Palmer, PNP-BC, IBCLC

Cassie Roberts, DNP, PNP-BC, IBCLC

Anne Arundel County WIC Program

Lactation consultants, IBCLC • Support groups and classes • Nursing bras, pumps

Anne Arundel County Department of Health: 410-222-0085

www.wicbreastfeeding.fns.usda.gov

Private Lactation Consultants:

Breastfeeding Basics and Beyond

Renee Neuens, BSN, RN, IBCLC

410-593-1930

165 Log Canoe Circle, Unit D

Stevensville, MD 21666

renee@breastfeedingbasicsllc.com

Breastfeeding Works

Kim Knight, BSN, RN, IBCLC

410-533-5343

www.breastfeedingworks.com

The Balanced Boob

Kelly Kendall, RN, IBCLC

443-232-9325

<https://thebalancedboob.com/0>

hello@thebalancedboob.com

Instagram

[@thebalancedboob](https://www.instagram.com/thebalancedboob)

Laura Burch Lactation Support

Laura Burch, IBCLC

LauraBurchLactation.com

Laura@LauraBurchLactation.com

Metropolitan Breastfeeding

Private lactation practice under a direction of a nurse practitioner- offers in office and at home assessments

<https://www.metropolitanbreastfeeding.com/>

301-943-9293

Find a IBCLC in your area:

<https://uslca.org/resources/find-an-ibclc/>

